

## Orthotic fitters

The orthotic fitter fits and delivers pre-fabricated orthotic devices. The orthotic fitter works directly with patients to evaluate their needs, formulate a treatment plan, and provide follow-up care to ensure successful outcomes. The orthotic fitter is trained to provide certain custom-fitted, pre-fabricated, and off-the-shelf orthoses, including:

- Specific cervical orthoses
- Specific pre-fabricated upper- and lower-limb orthoses
- Pre-fabricated spinal orthoses, except those used in the treatment of scoliosis, unstable spinal conditions, or halo cervical orthoses
- Pressure gradient garments
- Trusses

Orthotic fitters may work in settings such as patient care facilities, physicians' offices, and pharmacies.

Visit

[www.opcareers.org](http://www.opcareers.org)  
to view videos of O&P  
professionals on the job.

## A career as an orthotic fitter

To become an orthotic fitter, you must have a high school diploma, GED, or college degree. You must then complete an orthotic fitter pre-certification education course and 1,000 hours of patient care. You can decide which of these requirements you would like to fulfill first.

To obtain certification in orthotic fitting, you will have to pass an exam from the American Board for Certification in Orthotics, Prosthetics and Pedorthics (ABC) or the Board of Certification/Accreditation, International (BOC). To learn more about the requirements for certification, please visit the ABC website at [www.abcop.org](http://www.abcop.org) or the BOC website at [www.bocusa.org](http://www.bocusa.org).

## Orthotic fitter programs

All programs listed are accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP) or the National Commission on Orthotic and Prosthetic Education (NCOPE). New programs may have received accreditation since this list was created. For the most updated list, visit [www.opcareers.org](http://www.opcareers.org).

### Oklahoma State University Institute of Technology ★

Okmulgee, Oklahoma  
[www.osuit.edu/op](http://www.osuit.edu/op)

### St. Petersburg College ★

St. Petersburg, Florida  
[www.spcollege.edu/orthotics-ceu](http://www.spcollege.edu/orthotics-ceu)

### CFS Allied Health Education

Various locations  
[www.cfslearningstore.com/ocart/](http://www.cfslearningstore.com/ocart/)

### DeRoyal

Powell, Tennessee  
[www.deroyal.com/orthoticfitterscourse](http://www.deroyal.com/orthoticfitterscourse)

### Kassel Group Inc.

Various locations  
[www.kasseledu.com/courses](http://www.kasseledu.com/courses)

### Medical Careers Institute

Various locations  
[www.themedicalcareersinstitute.com](http://www.themedicalcareersinstitute.com)

### OandPEdu

Various locations  
[www.oandpedu.com/fitter-classes](http://www.oandpedu.com/fitter-classes)

### Ossur Americas, Inc.

Various locations  
[www.ossur.com/injury-solutions](http://www.ossur.com/injury-solutions)

### Viscent Orthopedic Solutions

Oklahoma City, Oklahoma  
[www.viscent.com/viscent-university](http://www.viscent.com/viscent-university)



★ HOPE Careers Consortium member

For More Information

Take the first steps to a new and rewarding  
career. Visit [www.hopecareers.org](http://www.hopecareers.org) or  
[www.opcareers.org](http://www.opcareers.org).

## HOPE Careers Consortium



The HOPE Orthotics, Prosthetics & Pedorthics Careers Consortium is a partnership of five institutions:

- Baker College in Flint, Michigan
- Century College in White Bear Lake, Minnesota
- Oklahoma State University Institute of Technology in Okmulgee, Oklahoma
- Spokane Falls Community College in Spokane, Washington
- St. Petersburg College in St. Petersburg, Florida

Together, we are building exciting new programs that provide valuable career education and training in orthotics, prosthetics, and pedorthics (O&P). There is an urgent need in the U.S. to expand the pipeline of workers qualified to serve individuals living with limb loss or disabilities due to chronic disease or war-related injury—and our programs focus on that need.

Through this partnership, we are advancing O&P education and career training by increasing the number of key credentials offered and matching them to the skills required by O&P employers to better prepare TAA-eligible workers, veterans, and other adults for high-wage, highly skilled employment in O&P occupations.

All five of the HOPE Careers Consortium colleges offer occupational training leading to industry-recognized certifications and college degrees in the O&P profession. For more information, visit [www.hopecareers.org](http://www.hopecareers.org) or [www.opcareers.org](http://www.opcareers.org).

For more information on a member school, click its logo below.



This brochure was funded by a grant from the U.S. Department of Labor's Employment and Training Administration (grant number TC-2375-1-12-60-A-12). This product was created by the grantee and does not necessarily reflect the official position of the U.S. Department of Labor. The U.S. Department of Labor makes no guarantees, warranties, or assurances of any kind, express or implied, with respect to such information, including any information on linked sites and including, but not limited to, accuracy of the information or its completeness, timeliness, usefulness, adequacy, continued availability, or ownership.

# Fitter Careers



Orthotics and Prosthetics

MAKE A CAREER  
OF MAKING A  
DIFFERENCE

## Fitter careers

Fitters in the orthotics and prosthetics (O&P) profession perform rewarding work and are in great demand throughout the country. Fitters play a crucial role in O&P care by providing pre-fabricated or off-the-shelf devices that fit comfortably to effectively treat their patients' conditions. These conditions may include cancer-related amputation or weakness in the body as a result of injuries, back strain, or conditions triggered by diabetes, high or flat arches, or repetitive stress.

Fitters can come from any educational or occupational background. Some come from other O&P roles or elect to pursue a career in O&P after finishing high school or earning a GED. Others have a background in other healthcare professions. Still others start as servers, woodworkers, massage therapists, teachers, chiropractors, or craftsmen.

Individuals may choose a career as a fitter exclusively or opt to further their education and training to transition into other O&P roles, such as technicians, pedorthists, assistants, practitioners, or a combination of any of these. For more information on O&P careers, visit [www.opcareers.org](http://www.opcareers.org).

## Therapeutic shoe fitters

A therapeutic shoe fitter provides non-custom therapeutic shoes and non-custom multi-density shoe inserts for patients diagnosed with diabetes. The therapeutic shoe fitter works directly with patients to evaluate their needs, formulate a treatment plan, and provide follow-up care to assure their overall welfare. Therapeutic shoe fitters may work in specialty shoe stores, O&P patient care facilities, pharmacies, and long-term care facilities.



## A career as a therapeutic shoe fitter

To become a therapeutic shoe fitter, you must have a high school diploma, GED, or college degree. You must complete both a therapeutic shoe fitter pre-certification education course that includes the study of human anatomy and biomechanical evaluation and 250 hours of therapeutic shoe fitting patient care. You can decide which of these requirements you would like to fulfill first.

To obtain certification as a therapeutic shoe fitter, you will have to pass an exam administered by the American Board for Certification in Orthotics, Prosthetics and Pedorthics (ABC). To learn more about the requirements for certification, please visit

## Therapeutic shoe fitter programs

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### Aetrex Therapeutic Shoe Fitter Course

Teaneck, New Jersey  
[www.aetrex.com/aetrex-shoe-fitter-course](http://www.aetrex.com/aetrex-shoe-fitter-course)

### CFS Allied Health Education

Distance learning  
[www.cfslearningstore.com/ocart](http://www.cfslearningstore.com/ocart)

### Dr. Comfort

Various locations  
[www.drcomfort.com/CFTS.pdf](http://www.drcomfort.com/CFTS.pdf)

### Foot Solutions

Marietta, Georgia  
[www.footsolutions.com](http://www.footsolutions.com)

### National Pedorthic Services, Inc.

Milwaukee, Wisconsin  
[www.npsfoot.com](http://www.npsfoot.com)

### OrthoFeet

Various locations  
[www.orthofeetonline.com](http://www.orthofeetonline.com)

### OandPEdu

Various locations  
[www.oandpedu.com/schedule](http://www.oandpedu.com/schedule)

## Mastectomy fitters

A mastectomy fitter fits and delivers external breast prostheses, custom breast prostheses, mastectomy garments, lymphedema garments, and other breast care products to treat physiological asymmetry as a result of mastectomy, trauma, or congenital defect. Mastectomy fitters work directly with patients to assess their needs, formulate a treatment plan, and provide follow-up care to ensure successful outcomes. They may work in settings such as retail outlets, patient care facilities, mastectomy boutiques, and cancer care centers.

## A career as a mastectomy fitter

As an aspiring mastectomy fitter, you must have a high school diploma, GED, or college degree. You must then complete both a mastectomy fitter

pre-certification education course and 500 hours of mastectomy fitting patient care. You can decide which of these requirements you would like to fulfill first.

To obtain certification as a mastectomy fitter, you will have to pass an exam from the American Board for Certification in Orthotics, Prosthetics and Pedorthics (ABC) or the Board of Certification/Accreditation, International (BOC). To learn more about the requirements for certification, please visit the ABC website at [www.abcop.org](http://www.abcop.org) or the BOC website at [www.bocusa.org](http://www.bocusa.org).

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### St. Petersburg College ★

St. Petersburg, Florida  
[www.spcollege.edu/orthotics-ceu](http://www.spcollege.edu/orthotics-ceu)

### American Breast Care, LP

Various locations and distance learning  
[www.americanbreastcare.com](http://www.americanbreastcare.com)

### Amoena

Various locations  
[www.amoena.us/fitter](http://www.amoena.us/fitter)

### Anita International Corporation

Various locations  
[www.anita.com](http://www.anita.com)

### B\*FRIN

Upper Darby, Pennsylvania  
[www.bfrin.org](http://www.bfrin.org)

### Jodee

Hollywood, Florida  
[www.jodee.com](http://www.jodee.com)

### Nearly Me Technologies, LLC

Various locations  
[www.nearlyme.org](http://www.nearlyme.org)

### OandPEdu

Various locations  
[www.oandpedu.com/fitter-classes](http://www.oandpedu.com/fitter-classes)

### Trulife

Various locations  
[www.trulife.com](http://www.trulife.com)